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# Fresh From The Farm: A Year Of Recipes And Stories



## Synopsis

Written by the "Queen of Fresh" • Susie Middleton, *Fresh from the Farm* goes beyond traditional "fresh" cookbooks by sharing the engaging story of one woman's quest for a simpler life. Susie gave up her high-powered corporate job, bought a farm on a rural island, and started planting and growing vegetables and fruit in the hopes of finding a more satisfying life. And did she ever! This inspirational, memoir-type cookbook features 125 seasonal recipes that highlight Susie's homegrown produce. Although the recipes aren't all vegetarian, they are healthful, simple, and, of course, delicious. *Fresh from the Farm* chronicles how growing and harvesting fruits and vegetables, and honoring them in the kitchen each day, continue to shape Susie's life. [less](#)

## Book Information

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## Customer Reviews

Familiar with Susie Middleton's previous books? You are in for a surprise with this one! The teaching lessons are over--at least for vegetables. In this book Ms. Middleton puts all her vegetable experience together--with all the flavor pairings and techniques that you learned in those first two books--and shows us how she now grows those veggies and prepares them for her family at a tiny, old farmhouse (with acreage) in Martha's Vineyard. If you read this book early in the year, you'll be wishing your garden to hurry up and get growing! Did you come to this review wondering how this book differs from the other two? This third book teaches more about leading a satisfying lifestyle through gardening and, through her recipes, working with whatever you might find that day in your garden. If you are already armed with her previous books, the recipes in this book will come

naturally to you. They will move you!The recipes in this book are stellar. I will want to try them all, even though many are just variations on recipes that come naturally to an experienced cook with a vegetable garden in the back yard. There are about ten recipes in here that I've already tried with variations because of the season, (see my disclosure at the end this review), and want to keep and use throughout the growing year. There are many, many simple recipes that are take-offs on what she's taught us in her previous books, common-sense pairings based on what you might have picked from your garden that day, and variations of recipes that you've run across before and are already in your repertoire.

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